



The Paws-itive Paws-abilities GUIDE to Pet Friendly Apartment Living for Little Companions



GUIDE TO PET FRIENDLY APARTMENT LIVING
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THE PAWS-ITIVE PAWS-ABILITIES GUIDE TO PET FRIENDLY
APARTMENT LIVING FOR LITTLE COMPANIONS



Welcome to a new journey...

The Paws-itive Paws-abilities Guide to Pet Friendly Apartment Living for Little Companions

Dearest Pet Owner

I trust that with this Guide to “Pet Friendly Apartment Living” I will have equipped you with all the relevant information to set your mind at ease and make the transition of moving into this new lifestyle concept a breeze.

With this guide, I have considered all the relevant information, aspects, facts and features pertaining to “Pet Friendly Apartment Living” and would like to equip you with everything you need to know before you move into your new apartment with your pet.

No pet parent wants to be caught off guard and find out their pet is not allowed, or do not have the right temperament for this lifestyle. Being prepared will help the process of moving go much smoother, letting you focus your energy on settling in, having fun in setting up your dogs' zone, explore new parks, playing fetch and giving treats and most of all, meet tons of other pet lovers.

Please remember, while I extensively researched my contribution in this document, as with all pets – and more so with dogs, facts always depend on circumstances, the environment and more than ever – your influence as a pet owner.

I am looking forward to building a lasting professional relationship with you and your pet and be of service to you.
Yours faithfully,

Heather Whitfield

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Heather Whitfield

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The Paws-itive Paws-abilities GUIDE to Pet Friendly Apartment Living for Little Companions

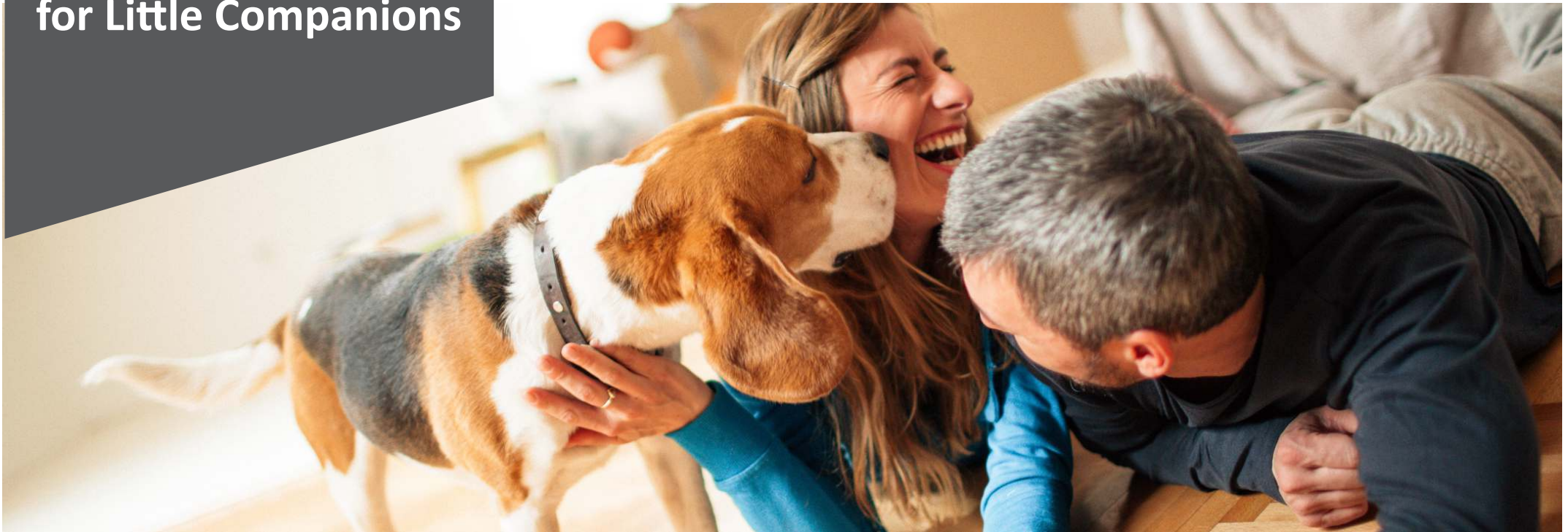
Living with pets are one of the most joyful and rewarding things in life and the positive influences that dogs have on our lives are endless. With this in mind, Pam Golding Properties – Pretoria have embarked on taking this concept to a whole new level. They have taken hands with selected developers and a few other key role players in the pet industry and have introduced the first ever PET FRIENDLY APARTMENT LIVING Concept in South Africa.

Our goal is to create the ultimate pet friendly apartment lifestyle and help pet owners to make the transition from suburban pet living to apartment pet living. We looked at all the aspects that pet parents should consider when they decide to acquire a pet for an apartment.

So, whether you're bringing home your very first puppy, or preparing to start an awesome new life in a new apartment with your current pet, there are a few challenges that you need to take into account. We understand that moving can be difficult and adjusting to a new pet can be daunting and that's why Paws-itive Paws-abilities have put together this guide to Pet Friendly Apartment Living. Our aim is to assist you and your pet to get started on the right foot and put the best paws forward.

This induction manual will also serve as a way to introduce all new residents to the added benefits and services offered as initiated by the Body Corporate.

We will try and cover as many aspects possible, but if anything crosses your mind that we have not addressed, please feel free to let me know and we'll find the answers for you.





PAM GOLDING
PROPERTIES

TRENDY PET-FRIENDLY LIVING

Living here is an experience not only offering luxury, comfort and a convenient lifestyle for you, but also the absolute best for your pet! We are indeed delighted to launch the unique concept of pet-friendly apartments, with the idea to create an environment where pets and owners can co-habit healthy and happily. Varying between 59 -187 sqm, Phase 1 with its 21-exclusive north-facing apartments offer space and luxury, lightness and brightness. Make your choice between spacious 1,2 & 3-bed unit selling from R1 978 000. Roundabout Brooklyn is situated in the trendy Muckleneuk Street, walking distance to Brooklyn Mall, a nearby bark park and the wonderful array of restaurants, upmarket schools and the tranquil Blue Crane Nature Reserve. Embracing the evolution of green and earth each apartment offers quality finishes such as river stone porcelain tiles, terrace decking, roof terrace grass, gas braai, aircon in the living room, double glazing aluminum windows and doors, prepaid systems, energy saving water and lighting systems.

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BROOKLYN

**From
R1.9m - R5.9m**



Thea **083 573 8748**

Tanya **076 439 5856**

PET FRIENDLY APARTMENTS



w design
architecture afudic

Miele

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PAM GOLDING
PROPERTIES

Body Corporate Pet Rules and Regulations

When it comes to pet friendly apartments, and where there are pet owners and other residents involved, it is often very difficult to cater for each individual's personal needs. Needless to say, when it comes to our pets this might be a pretty daunting task at hand. The Body Corporate has to make some serious decisions as to what is appropriate and what not – especially when it comes to pets and to consider all the residents of the Apartment.

With the above in mind, just like not all dogs are the same, not all apartment complexes have the same rules and regulations when it comes to what is and isn't allowed in terms of your pet.

It is vitally important that you as a pet owner familiarize yourself with the Body Corporates' Pet Policies (Rules and Regulations) and ensure that when you sign the agreement, all your fears and uncertainties have been addressed. It would be your responsibility as a pet owner to know what is expected and what is allowed (or not). Should you have concerns with certain terms or conditions, you have the right to bring it to the attention of your Body Corporate and in-line with their procedure, they will discuss it with you and do their upmost best (and within their limits) to address your concerns.

If you are like me, my pets are my family. So for people seeking a Pet Friendly Apartment, your pet will share your house, and sometimes you bed... You love them, walk them, feed them, and play with them. ... So when the time comes to move to your new apartment, you want to make sure you are as prepared as possible for your ideal new home for you and your best friend. Knowing legally what to expect as a pet owner will ensure that you, your pet, and your landlord will live happily ever-after!

The list of fees and restrictions can be overwhelming, but this “Guide to Pet Friendly Apartment Living” is here to help you and to set you up to be successful in this new venture! Many landlords and property managers can be flexible with policies as long as you can show that you and your pet are responsible tenants. Below are a few strategies to convince your landlord that your pet is a safe bet.

Breaking a pet clause can be serious, and even lead to evictions, which can impact your credit and therefore your ability to rent or buy in the future. So safeguarding yourself is of upmost importance.

While you never want to sneak a pet in (this can get you evicted), you may be granted an exception. Make sure to get your exception in writing, so there is no uncertainty about the legality of your pet. However, if you only get verbal confirmation, this may not be enough to stand up in court. But since you probably don't want to have to hire a lawyer just to prove you can live with your best friend, get evidence of your permission.

Ensure that you are familiar with the pet restrictions. Body Corporates have a right to limit certain breeds, pet weight, and the number of pets a renter or apartment owner can have. If your pet is restricted by the pet clause, discuss this with the Body Corporate. Even better, if you are certain that your pet might be ideal for apartment livings, here is how you can state your case:

- Build a pet resume! This is all about showcasing your pet, and makes the screening process faster. Things you can include in your pet's resume are: photos, description, training certification, health records, habits, grooming. A letter of recommendation from previous landlords, neighbours and our dog school instructor helps too! A behaviourist could also do a formal behaviour profile on your dog.
- Promote yourself and your pet. Let your Body Corporate know you share similar concerns about cleanliness. Express that your pet is house-trained, vaccinated, parasite-controlled, etc. Getting a training certificate like the Canine Good Citizen's for dogs is a great way to prove to your Body Corporate your pet would be a good tenant.
- Have your pet spayed/neutered. As we mentioned, many apartment buildings limit the amount of pets a tenant is allowed to have in their home. The Body Corporate are much more likely to allow a fixed animal than one that could potentially have offspring bringing the apartment's total pets way past the accepted amount.

Rules and Regulations

Here is a comprehensive list that covers all the Body Corporate Pet Rules and Regulations:

Fees and Pet Levy's:

- A monthly Pet Levy will be charged and will cover a variety of services.
 - These services are listed under "Apartment Amenities"
- A standard level will apply for the "main pet" and an additional levy will be charged for the second pet.
- The Levy will give you access to the following services and peace of mind:
 - The required bi-weekly pet grooming service.
 - The dog day care centre and daily dog walks.
 - Delivery of your pets' monthly food to your apartment.
 - Routine Vet Care—to be done at the apartment where possible.
 - Special offers and discounts related to our Pet Partners.

Restrictions:

- Number of pets: Most apartment buildings limit residents to a total of 2 pets.
- Weight restrictions: Suggested 14kg limit?
- Aggressive dogs: No aggressive will be allowed.
(The Body Corporate will not allow residents to bring dogs deemed "aggressive". There's no set list, but this usually includes breeds such as Pit Bulls, Dobermans, Rottweilers and Boerboels. While your pet may be harmless, most landlords (and insurance companies) find these breeds to be risky tenants!)
- Breeding Pets

Compulsory:

- MediPet: Cat and Dog Veterinary Insurance
- Bi-weekly Grooming
- Make use of the Dog Day Care Centre at least twice a week.
- Up to date Vaccination Card and proof of parasite control.
- Cleaning up after your dog! Especially in the Apartment premises and disposed of it appropriately.

Penalties:

- If your dog has messed and you were spotted not cleaning up.
- Not sticking to the bi-weekly grooming regime.
- If you booked your dog into the Dog Day Care Centre and you do not fetch your dog timeously.
- Should neighbours lay a formal complaint regarding noise disturbances and you neglect to address these concerns.

Body Corporates reserve the right to refuse any pet as long as it's not a service animal. **IMPORTANT: As long as your landlord isn't using your pet to discriminate against you, they are within legal bounds.**

Please be aware that certain Body Corporates may ask for a Pet Levy as well as a Pet Deposit.

Pet Levy: A monthly charge that covers your pet being allowed to live in the apartment. Different than a deposit in that you don't get this back. You can think of it as "the price of admission" for your pet to live with you.

Pet Deposit: A refundable deposit that you'll get back after your lease ends, unless there is any damage caused by your pet (hello gnaw marks on the stairs).

X _____
Pet Owner Signature

(Herewith, I confirm that I have read, agreed and understood this clause)



Service Animals vs Pets

A Service Dog is a Companion

A service dog is an assistance animal specifically trained to aid people with disabilities. They also serve as loving companions to their owners. People really seem to underestimate the love, intelligence, and potential that many dogs have.

The proven success of service dogs has led to many new Disabilities Acts around the world. This law in many countries around the world involves that places of business must not discriminate against those with disabilities and allow their service animals to join them wherever they go.

While most “service dogs” are trained, some people who are highly prone to stress have a dog to help them cope. While this is a wonderful trait of most dogs, dogs whose sole purpose is to provide comfort are not always classified as service animals under the various Disabilities Acts.

Pet owners should NEVER claim that a dog is a service dog if it is not, including putting a service animal vest on your pet, as this can lead to serious penalties. Plus, it is a dis- service to people who actually need service animals

IMPORTANT:

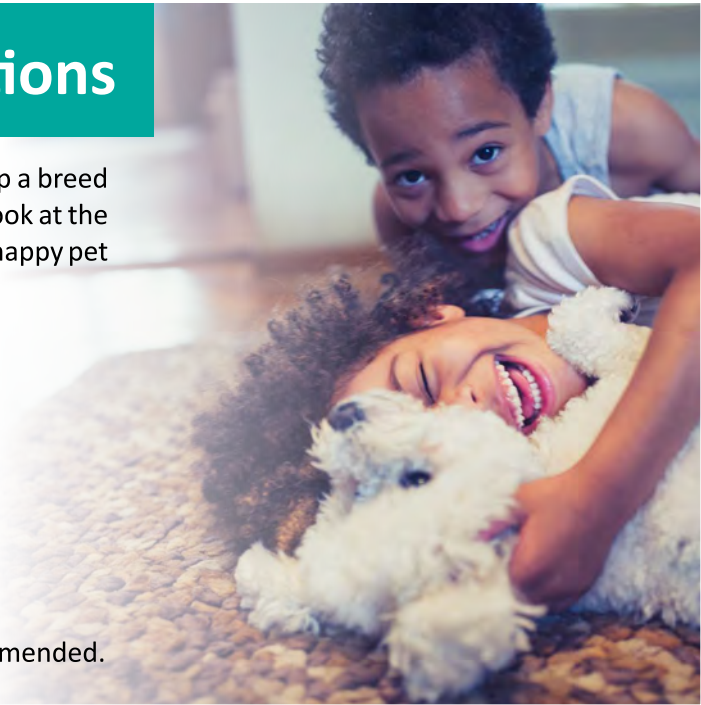
According to the Fair Housing Act (FHA), service animals are not subject to pet levies, fees, deposits and restrictions

Breed Compatibility - Family and Lifestyle Considerations

In order to set you and your pet up to adjust successfully in the realm of apartment living, Paws-itive Paws-abilities will set up a breed compatibility consultation with all new residents. During this induction session - with pet and owners, Heather or Susan will look at the breed compatibility and also discuss the family involvement and look at the following lifestyle consideration for complete and happy pet friendly apartment living.

- Family Size?
- Age of Children?
- How much quality time have responsible family members available to spend with the pet?
- Do you travel often and for how long?
- How active is the family?
- Do you have the financial means to commit as a long-term care taker for your companion animal?
- Pure Bred vs Mixed Breeds
- Acquiring a Puppy vs Adoption
- Dog Etiquette

Where and if needed additional behavioural consultations, puppy socialization or basic obedience dog training may be recommended.



Breeds for Apartment Living

Heather's top 10 Apartment-Friendly Dog Breeds (No particular order)



Chihuahua

The Chihuahua is the smallest breed of dog and is named after the state of Chihuahua in Mexico. Chihuahuas come in a wide variety of colours, and two coat lengths.

Life span: 12 – 20 years

Origin: Mexico

Mass: 1,5 – 3 kg

Height: 15 – 23 cm

Temperament: Lively, Devoted, Alert, Quick and Courageous

Did you know: Chihuahua is the fourth-most popular dog breed by registrations (107,114) worldwide.



Chinese Crested

The Chinese crested dog is a hairless breed of dog. Like most hairless dog breeds, the Chinese crested comes in two varieties, with and without fur, which are born in the same litter: the Powderpuff and the Hairless.

Hypoallergenic: Yes

Life span: 13 – 15 years

Temperament: Affectionate, Lively, Sweet-Tempered, Alert, Playful and Happy

Weight: Female: 2,3–5,4 kg, Male: 2,3–5,4 kg

Origin: China, Mexico, Africa

Colors: Black, Apricot, Chocolate, Cream, Tri-color, Blue



French Poodles

Poodles are a group of formal dog breeds, the Standard Poodle, Miniature Poodle and Toy Poodle. The origin of the breed is still discussed, with a prominent dispute over whether the poodle descends from Germany as a type of water dog, or from the French Barbet.

Hypoallergenic: Yes

Life span: 12 – 15 years

Height: Toy Poodle: 24 – 28 cm, Standard Poodle: 45 – 60 cm, Miniature Poodle: 28 – 35 cm, Medium Poodle: 35 – 45 cm

Temperament: Alert, Intelligent, Instinctual, Faithful, Trainable and Active

Colors: Black, Apricot, White, Cream, Black & White, Sable, Blue, Silver, Brown, Red, Grey

Origin: Germany, France

Breeds for Apartment Living

Heather's top 10 Apartment-Friendly Dog Breeds (No particular order)



Italian Greyhound

The Italian Greyhound is a small breed of dog; of the sighthound type, sometimes called the Italian for short, and nicknamed the "IG" or "Iggy".

Speed: 40 km/h (Maximum, Adult)

Mass: 3,6 – 5 kg (Adult)

Life span: 12 – 15 years

Height: 33 – 38 cm (Adult, At the withers)

Temperament: Mischievous, Affectionate, Agile, Athletic, Companionable and Intelligent

Colors: Black, Blue Fawn, Fawn, Chocolate, Red Fawn, Sable, Tan, Blue, Slate Grey, Yellow, Red, Grey



Pekingese

The Pekingese is an ancient breed of toy dog, originating in China. They are called Lion Dogs due to their resemblance to Chinese guardian lion.

Hypoallergenic: No

Life span: 12 – 15 years

Origin: China

Mass: 3,2 – 6,4 kg (Adult)

Temperament: Opinionated, Stubborn, Good-natured, Affectionate, Aggressive and Intelligent

Colors: Black, Fawn, Black & Tan, Cream, Fawn Brindle, Grey



Pomeranian

The Pomeranian is a breed of dog of the Spitz type that is named for the Pomerania region in north-west Poland and north-east Germany in Central Europe. Classed as a toy dog breed because of its small size, the Pomeranian is descended from the larger Spitz-type dogs, specifically the German Spitz.

Hypoallergenic: No

Life span: 12 – 16 years

Mass: 1,9 – 3,5 kg (Adult)

Temperament: Extroverted, Sociable, Intelligent, Playful, Friendly and Active

Colors: White, Black, Grey-shaded, Tan, Brown, Orange

Origin: Germany, Poland

Breeds for Apartment Living

Heather's top 10 Apartment-Friendly Dog Breeds (No particular order)



Pug

The Pug is a breed of dog with physically distinctive features of a wrinkly, short-muzzled face, and curled tail. The breed has a fine, glossy coat that comes in a variety of colours, most often fawn or black, and a compact square body with well-developed muscles.

Hypoallergenic: No

Life span: 12 – 15 years

Origin: China

Temperament: Docile, Clever, Charming, Stubborn, Sociable, Quiet, Playful and Attentive

Colors: Black, Fawn, Silver Fawn, Apricot

Height: Male: 30 cm (At the withers), Female: 25 cm (At the withers)



Shetland Sheepdog

The Shetland Sheepdog, also known as the Sheltie, is a breed of herding dog that originated in the Shetland Islands, Scotland. The original name of this breed was Shetland Collie, but when this caused controversy among the Rough Collie breeders of the time, the breed's name was formally changed to Shetland Sheepdog.

Life span: 12 – 13 years

Origin: Scotland

Temperament: Affectionate, Loyal, Lively, Responsive, Alert, Intelligent, Playful, Reserved, Trainable, Active, Gentle and Strong

Weight: Male: 6,4–12 kg, Female: 6,4–12 kg

Height: Male: 33–41 cm, Female: 33–41 cm

Colors: Merle, Tri-color, Blue Merle, Black & White, Sable & White, Black & Tan, Sable



Yorkshire Terrier

The Yorkshire Terrier is a small dog breed of terrier type, developed during the 19th century in Yorkshire, England, to catch rats in clothing mills. Ideally its maximum size is 8 kg

Hypoallergenic: Yes

Life span: 13 – 16 years

Height: Male: 17 cm (Adult)

Temperament: Bold, Independent, Intelligent, Confident and Courageous

Colors: Blue & Tan, Black & Tan, Blue & Gold, Black & Gold

Did you know: Yorkshire Terrier is the sixth-most popular dog breed by registrations (92,438) worldwide.

Breeds for Apartment Living

Heather's top 10 Apartment-Friendly Dog Breeds (No particular order)



Welsh Corgi

The Welsh Corgi is a cattle herding dog breed which originated in Pembrokeshire, Wales. It is one of two breeds known as a Welsh Corgi. The other is the Cardigan Welsh Corgi, and both descend from the line that is the northern spitz-type dog.

Hypoallergenic: No

Life span: 12 – 14 years

Temperament: Tenacious, Bold, Outgoing, Playful, Friendly, Protective

Weight: Male: 10–14 kg, Female: 10–13 kg

Colors: Black & Tan, Black & White, Fawn, Sable, Blue, Red

Height: Male: 25–30 cm, Female: 25–30 cm

Other recommended breeds for apartment living will include, but are not limited to the following:

Small Breeds:

Biewer Terrier

Boston Terriers

Cavalier King Charles Spaniel

French Bulldogs

Havanese

Maltese

Scottish Terriers

Border Terrier

Cairn Terrier

Coton De Tulear

Griffen

Jack Russell Terrier

Schnauzer (Mini)

Wire Hair Terrier

Medium Breeds:

Beagles * Must have loads of mental stimulation

Poodle (Standard)

Schnauzer (Standard)

Large Breeds:

Airedale Terriers

Giant Poodle

Golden Retrievers

Great Danes

Breeds NOT suitable for Apartment Living

1.American Staffordshire Terrier

2.Akita

3.Boxers

4.Dachshunds

5.German Shepherd

6.Pit Bull

7.Shar Pei

8.Rottweiler

9.Doberman

10.Chows

11.Great Danes

12.Huskies

Breed selection to compliment your lifestyle

List your priorities:

If you already have a dog, then you already know which one is the right fit for you. But if you are looking to add a new pet to your family, take some time to figure out which type of dog will best fit your life and your apartment. Write down the qualities that you are looking for in a dog. These are some of our suggested questions to ask yourself:

- One of the first things you should consider is whether you want a puppy or an adult dog. Puppies often take a lot more time to train, so keep that in mind.
- Do you want a dog that requires a lot of attention?
- Or are you looking for more of an independent type?
- Will your dog be spending time around children? Some breeds are much better with kids than others.
- How much time have you got available on a daily basis to spend with your dog?
- If there are other dogs in the household, how will they react to a new comer? Often, our older geriatric dogs is not always up for young puppy energy.
- Is the breed you selected prone to certain medical conditions? If so, can you handle such a case?

Look for a smaller breed:

It is a good idea to choose a dog based on how big your apartment will be. If your apartment is small, it is a good idea to select a breed that won't get too big. If you already have a big dog, try to find a large apartment.

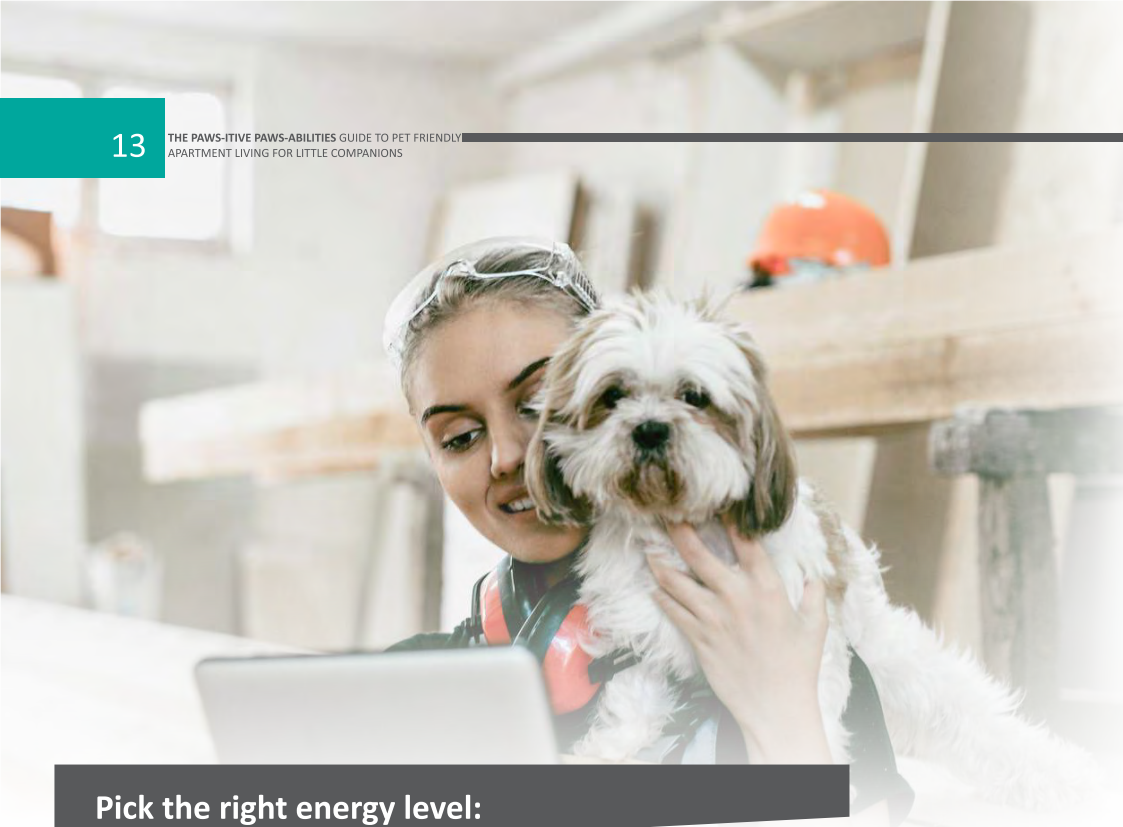
- Do your research. Look at various websites to learn about different dog breeds.
- If you are considering getting a puppy, make sure it will be in line with the Body Corporates' Rules and Regulations. Try to figure out how big your puppy will get and how much he will weigh when fully grown.
- Look at Heather's list when considering a new dog...

Choose a quiet breed:

When you live in an apartment, your neighbours will be very close by. Unless you have a building with excellent soundproofing, you should keep noise in mind when choosing a dog. If you already have a dog, try to find ways to keep him from barking.

- There are several breeds that are known for being pretty quiet. Think about getting a Boston terrier or a pug.
- An Italian Greyhound, Cavalier King Charles Spaniel or Sheltie might be a good choice for an apartment. These dogs are quiet and small.
- If you already have a dog and he tends to bark, consider visiting a trainer or behaviourist. You can find ways to help your dog adjust to his new space.





Pick the right energy level:

Different types of dogs have different levels of energy, just like people. When you live in an apartment, your dog probably won't be able to move around as much as he would if he lived in a suburban area. Consider getting a dog with a lower energy level to keep in your apartment, unless you can commit to give your dog the needed exercise and stimulation for the rest of its life.

- Look for a dog that does not constantly need to be busy. For example a Pekingese is a low energy dog.
- Maybe you already have a high energy dog and you need to move to an apartment. You will need to make sure that you walk your dog several times a day and let him get vigorous exercise at least once a week.

Talk to your Body Corporate:

Before bringing a dog into an apartment, you need to check out the regulations. Some Body Corporates may have restrictions on certain breeds and the number of pets allowed in an apartment. Make sure to get specific details.

Visit a local shelter:

Are you thinking about adopting a brand new puppy or dog? Maybe you want to give an old dog or cat a loving forever home for the remainder of its years... This can be a tremendously difficult decision but once you have decided what type of dog or cross breed might work for you, it is time to find the perfect pet. Contact your local animal shelter. Ask them what types of small, quiet or elderly dogs they have available.

- Go to the shelter during visiting hours. Spend some time with a variety of dogs.
- Ask a lot of questions. Talk to the shelter staff and volunteers about the different dogs and their personality types.
- Get as much history on the dog or cat as possible.
- Take other people with you. Anyone who is going to live with the dog should have an opportunity to meet it before you bring a pet home.
- Whether you're living in an apartment complex now or are about to move, you know you at least want to learn more about dogs that are best suited for apartments.
- Some of the shelters we can strongly recommend in assisting you with finding the perfect new companion are:

Woodrock Animal Rescue	076 155 4439	www.woodrockanimalrescue.com
Wollies	079 916 4602	www.wollies.org
Wet Nose	013 932 3941	www.wetnose.co.za
Kitty and Puppy Haven	010 224 0760	www.kittypuppyhaven.org.za
Barking Mad	063 040 6071	www.barkingmad.co.za
Ark Animal Centre	087 742 2211	www.arkanimalcentre.co.za
Animal Ambulance	083 241 4452	www.animalambulance.co.za

There are many breed specific rescue centers such as Pekingese Rescue, Pug Rescue, Maltese Rescue, etc. Please search for your favourite breed rescue on the internet. Animal shelters are full of dogs that need a good home. Rescue dogs and cats typically cost much less and often only an adoption fee is applicable. On the other end of the spectrum, a purebred will range in the hundreds of Rands, if not thousands, based on the demand and popularity of the breed.

Also, the number of euthanized animals could be reduced dramatically if more pets were adopted from rescue shelters. When people adopt, it opens up shelter space for another animal who might need it.

The bottom line:

While smaller, less energetic breeds can have an easier transition to apartment life than larger dogs, there are exceptions. Many small breeds are predisposed to barking. Speaking of toy dogs, many of these breeds can be, well, a bit noisy. If you live in a building with paper-thin walls, you won't be the only person that hears your dog yowling incessantly. Some breeds known to be barkers are Min Pins, Dachshunds and Spaniels

Believe it or not, size matters less than activity and bark level. In the same breath, there are many medium and large breeds that may be far more compatible rather than a small little doggy. That's why having a Great Dane in an apartment may seem odd, but it's really a smart choice given that they are less active than most other dogs and they are extremely lovable. But this will all depend on you as a dog owner and your type of lifestyle. The bottom line remains, no matter what breed you opt for, it is your responsibility to cater to all the dogs' needs – no matter what.

Of course, there are exceptions to all the rules and with proper training and adequate exercise (which you should be doing with your dog anyway!). A person can work to alleviate some of these issues with any dog. Be sure to do your research before selecting which breed to welcome into the family—and the apartment building.

At the end, we realize that apartment living will take time and effort for you and your pet to adjust, especially at first, so please feel free to contact us with any questions or concerns.



Creating a Safe and Dog Friendly Apartment

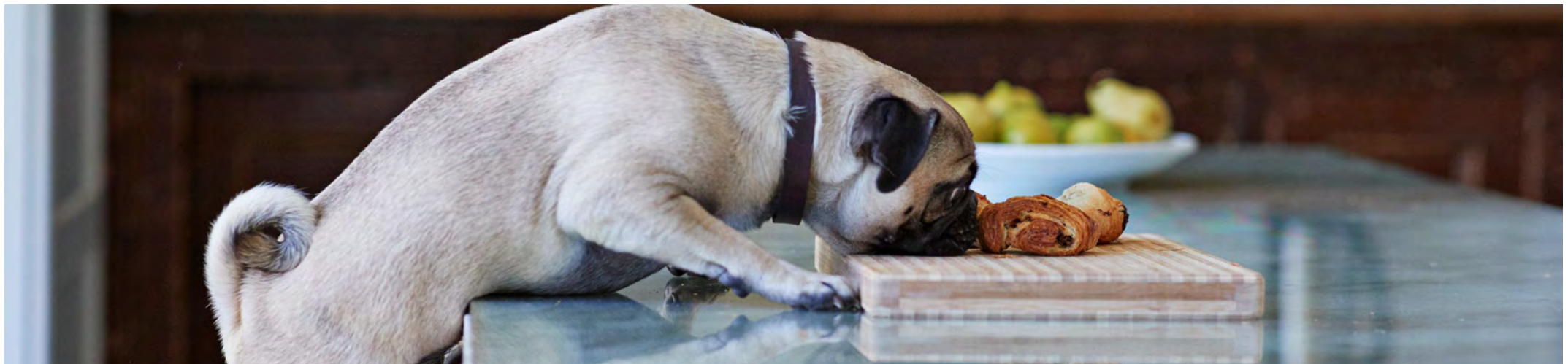
Apartment Safety:

Moving into a new apartment is super exciting and planning the furniture, décor and interior design is probably number one on your list. But your first priority should be your pets' safety and comfort – as he will in all likelihood spend more time in the apartment than you!

Once you've chosen the perfect dog zone, it's time to make it safe. If your dog is older, you probably don't need to do much beyond the obvious cleaning up. But if you have a young, rambunctious, or anxious pup, you'll want to carefully take note of our suggestion to dog-proof the environment:

Before introducing your pet companion to the new living space, go through each room and make sure it is ready.

- Safeguard the kitchen and bathroom by securing lower cabinets with child-proof latches – especially cabinets that may contain medication, cleaning supplies or pesticides and any form of poison.
- Remove trash cans, or replace them with dog-proof models like a touch-free stainless steel trash can.
- Dogs and cats are naturally attracted to electrical wires... It is vital that in all rooms any loose or dangling wires are secure and safe. An electrical shock can be very dangerous for any pet, so tape down electrical cords, or hide them behind furniture.
- Certain plants can also be poisonous if your dog chews on it, if you have pot plants on stands, ensure that the stands are secure and bump or jump proof.
- If there are small kids in the apartment, ensure that all small toys like Lego blocks are packed away and out of reach.
- Objects like remotes, game controllers, sun or reading glasses, cellphones, cables, shoes, hair brushes, brooms, small soft toys and in some cases even magazines, books and toilet paper rolls may be the best toys ever for your puppy. These items (and many other objects) are not appropriate chewing toys and should be packed outside your puppy or dogs' reach. Basic management is the best way to set your dog up to be successful and not to chew inappropriate or valuable good. This means pack your stuff away and remove the temptation



Pet Friendly and Pet Safe Apartments



House Rules:

Responsible pet owners will know that dogs don't just thrive on TLC, play and positive stimulation, but they also thrive on set routines and boundaries. In short, your pet should be just as comfortable in your apartment as you are. This doesn't mean they get the run of the place, just that it should be a happy, balanced environment. Part of creating this equilibrium is setting up rules and guidelines for your dog to follow. Living together in a small space can be challenging so it is important to involve all family members in setting up these guidelines.

- Decide whether you will allow your dog to lounge on the sofa and claim a pillow on your bed, or if they'll have to stick to their own spot on the floor. This is a personal preference, but be clear about this move before your dog gets introduced to his new home. If you decide to go that route there are things you should keep in mind. Like the fact that muddy paws and white sofas just don't mix. Pick pet-friendly furniture that's easy to clean, whether it's microfiber or something with a removable slipcover you can throw in the wash. As long as your pieces are easy to clean and maintain, letting your dog lounge in luxury won't be a big deal.
- House train your dog. Even if the dog is already house broken, living in an apartment can be an adjustment.
- Make sure your dog knows that when you go on walks, that is the time to urinate and defecate. If your dog has trouble adjusting, discuss this with a behaviorist or trainer.
- Feed your dog twice a day. This will ensure that your dogs' metabolism also gets into a routine.
- Destroying toys (or any other objects your dogs is not allowed to) can be a very costly exercise. This can be minimized or even avoided by counter conditioning and giving your dog appropriate toys for chewing and optimal stimulation.
- If a pet is going to stay home while you're at work, there should be ample space for them if not kenneled or crated. Crate training a puppy is an effective and humane way to teach your dog to behave and will help develop their confidence and feelings of security while at home. However, you can't expect your dog to stay kenneled or crated up for an entire day. This may cause an array of anxiety disorders and create serious behavioural concerns. If your dog is crated for shorter periods of time, it could be highly beneficial, but make it worth it's while to stay in the crate happily.

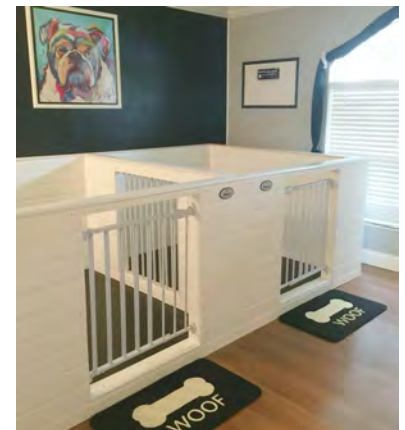
The Pet Zone:

Create a comfortable safe space for your dog that he can call his own. This means that they like to have a defined space that belongs to them and as humans, some dogs also want “me” time and since dogs spend about 50% of the day sleeping, comfort is a big deal! Make a soft, relaxing bed the focal point of your doggy zone.

- Leaving your dog home alone is hard on both of you, but the truth is, your dog can handle short periods of alone time just fine. The most important thing is to keep them comfortable and entertained.
- Crate training your dog is a wonderful way to keep your dog safe and ensure that you don't return home to an apartment that is ruined.
- Your pet can stay in the crate (if it is spacious enough) while you are at work or during other times when you're not home.
- A dog trainer, behaviourist or your vet can give your advice on the size of crate that you will need for your dog.
- You can also be creative when creating this “Pet Zone”. Whether it's a well-appointed crate or an entire spare room.
- This area doesn't need to be big. As a matter of fact, most dogs prefer smaller spaces. The key is to keep it quiet, safe and comfortable. In addition, limiting your dog's access to the rest of the house may prevent unwanted behaviors like chewing, barking, and potty accidents.
- You can consider to allocate a bathroom, spare bedroom, laundry area or a specific cordoned off area using a dog playpen, a baby gate or a specifically designed piece of furniture to secure the area.
- Sturdy playpens are often a great practical option as they can be folded up and stashed away if need be. With panels that can be added or taken out, it is easy to act as a barrier in a passage.
- A great quality dog bed is also important. For puppies consider a water-resistant bed and for geriatric dogs an orthopedic bed. Also add a soft blanket for burrowing or your own old t-shirts for a sensory reminder of you.
- If you have a dog that is predisposed to certain health conditions such as IVDD (intervertebral disc disease, hip dysplasia, luxating patella's, or cruciate ligament injuries, ensure that your apartment is laid out with non-slip flooring. Puppies playing and running on slippery floors can hurt themselves if they skid and slide around the apartment.
- Protect Your Floors! Rather than let your dog run loose around the apartment, designate a specific area in the apartment where he can chew his bones and play games. It's easier to pay for floor repairs in one spot than an entire apartment. Place a temporary mat down where he eats and chews to absorb any possible tears or stains. Also, make sure you've got your gear ready at the door to clean him off when he comes in from the rain.
- Set the thermostat for a comfortable temperature, and don't leave on unnecessary, dangerous heaters.
- Hopefully, your home is already outfitted with a smoke alarm and carbon monoxide monitor, but take this as a reminder to do a battery check.
- Sound is another good addition to your doggy zone, as soothing classical music or nature sounds may calm anxious dogs. As a bonus, if you live in an apartment with sensitive neighbors, this is a great way to keep your dogs' noise levels down.
- Familiar sounds will help your dog to settle, so if possible, leave your radio on your favourite channel or keep the television tuned to Animal Planet for your dog. Dogs may not be able to follow plot lines on TV shows, but the color and light can provide welcome entertainment.

Creativity and Imagination:

If you're going to set up a designated dog area or room, you might as well get creative and have fun! The internet – especially Pinterest, offers abundant examples and ideas of practical, colorful, space-saving ideas for your dog zone. Of course, dogs don't need anything fancy, the most important thing is that your dog zone be a safe, comfortable place for your best friend to hang out while they await your return at the end of the day.



Puppy Socialization and Basic Obedience

If you are introducing a new puppy to your apartment, puppy socialization classes are a definite must! Or, if you have an older dog who will for the first time be exposed to a whole lot of other dogs and cats in a limited area, basic obedience and having good social skill are absolutely vital. Training your dog will not just help you and your dog to bond, but it will also give you ample opportunity to mentally and physically exercise your dog.

An added benefit to this is that you will meet the most amazing like-minded people and create new friendships that will last a life time.

When you sign-up for puppy socialization classes and/or basic obedience classes it is very important to opt for a qualified trainer and behaviourist that only make use of positive reinforcement training methods.

Paws-itive Paws-abilities is the perfect place to start and you will be pleasantly surprised how clever your puppy actually is and easy it is to establish positive routines with your dog.

Puppy Socialization: Puppies with Purpose:

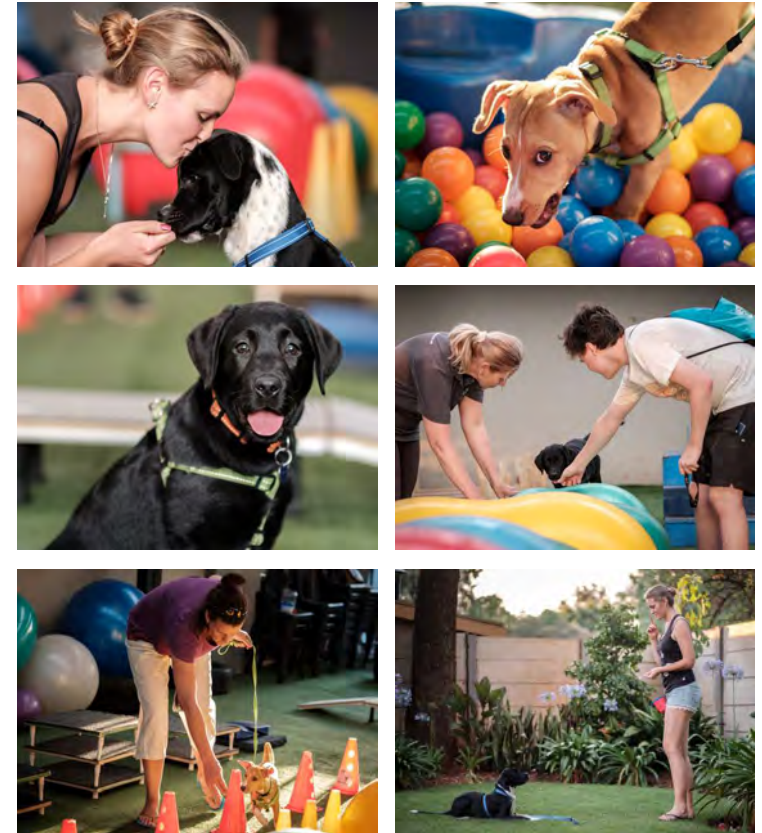
At Paws-itive Paws-abilities we realize that whilst puppies are a lot of fun, they also need basic training and the establishment of routines in order for them to fit in well with their new human families and apartment living.

In our classes our aim is to get your puppy off on the right paw with classes that encourage good behaviours while helping you establish a strong bond. We will empower you to teach your puppy basic obedience and aid your puppy in developing self-confidence with its' growing mind (and body), while learning in a positive environment where social interaction, play and exercise are the key components.

The Puppy Socialization and Basic Obedience classes are presented in a safe and supportive environment. Puppy socialization encompasses introducing your puppy to as many different situations, people and other puppies as possible, always in a positive and non – threatening manner, to help them cope better with the things life will throw at them.

Basic obedience is taught using positive reinforcement methods such as Clicker training and Tellington TTouch – thus no punishment or forced exercises! Puppy owners will be taught how to train their puppies to come when called, to sit, to lie down, to stay, recall, leave and loose leash walking. We also introduce the pups to a basic confidence course where they learn how to negotiate some obstacles by themselves.

Added to this, some fun things like shaking hands, roll over, crawl etc. We also help you through many common puppy “problems” like house-training, chewing, barking, jumping up etc.





In class we also focus on the following aspects:

- Problem Prevention
- Sensory Stimulation
- Body Awareness
- Basic Manners
- Social Skills
- Loose Leash Walking
- Negotiating Obstacles
- Tips on Puppy Health, Grooming and Nutrition
- You and Your Puppy – a relationship based on mutual respect

We welcome the whole family to come and learn to manage puppy behaviour with effective methods of motivation.

Basic Obedience and Dog Training:

Adolescent dog training and basic obedience classes is a continuation to the puppy classes. These classes run on a month to month basis and although we will have a formal class plan, each dog and handler will be considered at their individual and comfort level. We incorporate basic obedience as well as a social aspect to these classes and promise to have endless fun.

These dog training classes are extremely popular and often space is very limited. We can and only accommodate 8 to 10 dogs per class – so it is first come, first serve.

For the more daring dogs (and owners), we also offer fun social classes. These classes include an array of different activities such as introduction to agility, introduction to dances with dogs, clicker fun and tricks, word association games and building puzzles, doggy Pilate and dog aqua just to name a few.

Feel free to contact Heather for more info on these classes and also an introduction to the amazing “Pet Active Gym” facilities at the Paws-itive Paws-abilities Practice.

Behaviour Modification:

The desire to understand the animal world has made ethology a rapidly growing field, and since the turn of the 21st century, many prior understandings related to diverse fields such as animal communication, personal symbolic name use, animal emotions, animal culture and learning, and even sexual conduct, long thought to be well understood, have been revolutionized. Animal behaviour relates to what an animal does and why it does it. The types of behaviours exhibited are rich and various. Some are genetically determined, or instinctive, while others are learned behaviours.

Most “new age” Animal Behaviourists do not oblige in cruel and outdated methods such as alpha rolling, wolf pack theory, dominance, ignoring your animal or choker chain training. These techniques may result in a quick fix and lead to temporary behavioural suppressions, but cannot and will not cure the behaviour problem. Thankfully, due to new research and a better understanding of our beloved animals' wellbeing, in an emotional and physical state, behaviour modification and training methods are far more accommodating and positive.

Common behaviour problems that I work with include:

- Aggression towards strangers, visitors, children or people of a different culture;
- Aggression or reactivity towards other dogs;
- Barking;
- Destructiveness such as chewing and digging;
- House training;
- Hyperactivity;
- Ignoring the owner;
- Jumping up;
- Lack of obedience training;
- Noise phobias, such as the fear of thunder & lightning, fire crackers etc.;
- Pain or discomfort related aggression;
- Pulling on the leash;
- Separation Anxiety;
- “Untrainable” dogs.



It is important for people to know that help is available. The longer behaviour problems persist, the more difficult it is to address such a problem.

New dog owners are therefore encouraged to enroll in a good puppy socialization course, where appropriate training methods are being used. Please see the section on Paws-itive Paws-abilities Puppy Socialization courses.

Clicker training is a positive reinforcement system based on operant conditioning, a set of scientific principles describing the development of behaviour in which the animal “operates” on the environment, instead of the other way around. Operant conditioning goes to the root of how animals learn in the natural world; therefore the principles can be applied in any circumstance. The possibilities for dog training are tremendous. Clicker trainers are developing ways to use this new technology with Police Dogs, Service and Guide Dogs, Puppies, Competition Obedience and Agility, in Hunting, Field Trials and Tracking, Show Dogs and also just to have an good mannered companion at home.

At Paws-itive Paws-abilities I coalesce my qualifications as a Veterinary Physiotherapist, Animal Behaviourist, Puppy Socialization Instructor, Clicker Trainer and Tellington TTouch Practitioner to offer my clients a more comprehensive service. I deal with all the common behaviour problems that people may encounter and assist dog owners to direct their dog's energy in a positive direction. I offer regular puppy socialization, puppy aqua and adult dog training classes. I also offer individual sessions, either at the owners' house or at the Paws-itive Paws-abilities Practice.





Daily Routines and Activities

Dogs like routine and they do best when they have structure. You can help your canine companion adjust to apartment living by providing him with some reliable structure. Most of us work long hours and as we yearn to get home to your 4 legged companion, so they long to see you as well.

At this point I would like dog owners to have a clear understanding of the fact that every hour that you are away from your dog, feels like 7 hours for them!

They saying goes that having a dog is a huge responsibility. And guess what? It is true! If you work from home, having a dog is no big deal, and their company is more than welcome. It's when you work that 9-5 job that issues start to arise.

If you have, say, 8-10 hour days before you come home for the night, a dog requires a few extra concessions... like coming straight home and having a dog walker stop by during the day. If your workload demands more like 12-14 hours, you may want to rethink the idea to have a pet till such time that you can commit to attend to the pets' needs and give your companion the time and attention it deserves.

Create a Basic Routine:

- Feed your dog at the same time and in the same spot each day. He will appreciate knowing exactly when his next meal is coming.
- Have regular grooming sessions. Little Companions makes it so easy as they offers this service to all apartment dogs and this create some excitement for your dog as well.
- Plan you days ahead and schedule time for daily walks – no matter what the weather holds.
- Try to walk your dog at the same time each morning and evening. If you have a dog walker during the day, ask that they come at approximately the same time each afternoon.
- Schedule playtime. Make sure your dog knows that on weekends, he is going to get some extended quality time, and even a trip to the dog park.
- Spend some time training your dog. This will help both of you get acclimated to living together in a small space.
- Consider taking your dog to obedience classes. Paws-itive Paws-abilities offer an array of different training modalities to suite each individual person and pets' requirements.
- Group classes are often more cost effective. They are also a great way to help your dog learn to socialize with other animals.
- Where possible involve your friends, family members, and co-workers to enjoy the dog training experience with you. This will allow your pet to build a trust relationship with another human being in case life happens and you can't fulfill your pet duty due to work or other family responsibilities.



Check this out! www.puppyleaks.com This is probably one of the coolest websites I know. Given a person detailed hints and tips on how to keep your dog busy and tired. I just love this site! Keeping your dog entertained can be a challenge. And trying to come up with new ideas on how to keep your dog busy can be more exhausting than actually getting up and doing it. Puppyleaks.com listed 33 simple ways to keep your dog busy indoors.

The Benefits of Keeping Your Dog Busy

Bored dogs get into trouble. We're their main source of entertainment, so if we don't give them stuff to do they'll come up with activities of their own — and that's when we end up with chewed up shoes and curtains. By playing with your dog a few times a day you can decrease the likelihood of them developing destructive habits such as excessive barking or chewing.

There is a growing acceptance among scientists that play is very, very important and the type and frequency of play are a really good indicator of a dog's quality of life. — Mark Evans, former RSPCA chief veterinarian

Keep Your Dog Busy & Happy With Interactive Play

Being indoors doesn't have to be dull. Play some fun games with your dog or teach them something new. Dogs thrive on interactive play, and it has a big impact on their overall health and well being. To keep your dog busy you don't need a bunch of fancy toys or access to the outdoors, you just need a little bit of time and dedication.

We might not be able to provide them with the full time job they were bred for — but we can give them something meaningful to do with a few simple games and tricks. And when you look at your dogs happy face after a simple game of tug you'll know exactly why dogs are mans best friend.



House Training Routine:

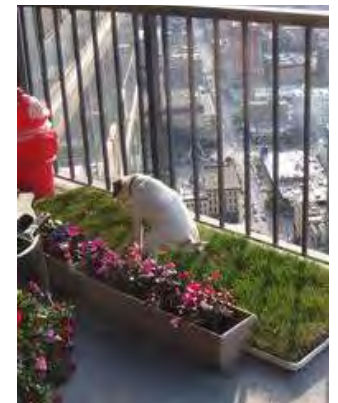
There's no getting around the fact that taking your dog out to exercise and eliminate will be more work in an apartment. In general dogs should go out at least 3-4 times throughout the day to relieve themselves. Usually, if your dog is whimpering, running in circles, or generally acting uncomfortable, it would be a good idea to let them outside. House training can be accomplished with some training, but owner compliance is very important.

- One of the methods to counter act house soiling is to add a "Balcony Potty". (see the photos on the right) There are some available with faux grass upon which your pup can do his business if the urge strikes in the middle of the night.
- The downside to using indoor elimination products like urination or house training pads or turf, is that your dog is not learning a routine, and can get confused. Some artificial pads may be too feel synthetic and the dog may prefer a carpet, rug or a bed...
- If you are not making use of a dog walker or dog day care centre, you can train you dog to go on a square of artificial grass placed in the shower. Cleanup is easy, and the dog will learn that going there is appropriate if a positive association is made.
- Alternatively, you can purchase a patch of real grass and place it in a container with proper drainage. If the grass dies, just replace it.
- It is also helpful to create a schedule to see what your dogs' metabolic rate it. This will help him to be more regular during your twice-daily walks.
- We also recommends starting with 20 or 30-minute morning and evening walks and, if possible, shorter walks during the day. Eventually, they'll learn a routine.



Special note

As a responsible pet owner, it is your responsibility to clean up after your pet!



Daily Exercise Routine:

Low activity-level dogs are able to meet exercise requirements with minimal outside access. Small breeds can use the apartment as a space to run and play when provided with appropriate toys and interaction from their owners. Medium energy-level dogs have the ability to stay in a small area as long as they get exercise once or twice each day. This brings us to high energy-level dogs, which are not well-suited for apartment living, unless given strenuous exercise several times throughout the day.

A couple of factors to consider regarding a daily exercise regime. Jumping up and down in front of the door or window is not exercise. Bouncing of the walls and destroying cushions is not exercise. Lying on the couch and chewing on a Kong is not exercise. Exercising your dog requires your input and dedication. If you are really struggling to manage and commit, you could sign your dog up to the Day Care Centre. Dedicated and trained people will take care of the needed exercise during the day, but the first AM and last PM slot will still be your responsibility. Another option to consider is to book your dog once or twice a week into the Paws-itive Paws-abilities Centre of Excellence. They run a wonderful “Pet Active Gym” and this will not only give your dog the needed exercise, but also a tremendous amount of brain stimulation.

Some of the dog parks that I can recommend include:

[Austin Roberts Bird Sanctuary](#)
[Big Red Barn](#)
[Bishop Bird Sanctuary](#)
[Colbyn Nature Area](#)
[Faerie Glen Nature Reserve](#)
[Hedianga Farm](#)
[Jan Cilliers Park](#)
[Kruin Park Nature Reserve](#)
[Magnolia Dell Park](#)
[Rietondale Park](#)
[Smuts House Museum](#)
[Struben Dam Nature Reserve](#)
[Walkhaven Dog Park](#)
[Waterkloof Park](#)
[Zita Park](#)
[Pierre van Ryneveld Nature Area](#)



Non-activity can easily result in weight gaining for your pet, and this has an entire set of problems of its own. Overweight and obese dogs are at risk of some serious medical conditions ranging from Osteoarthritis, High Blood Pressure, Heart and Liver Conditions, Cranial Cruciate Ligament Ruptures just to name a few.

Being overweight also reduces your pets' lifespan, but the sooner you tackle to problem the sooner you can influence your pets' health. Hills have some amazing prescription diets available to assist your pet to reach its ideal weight.

<https://www.hillspet.co.id/dog-care/healthcare/obese-dog-problems>

Regardless of activity level, spending time with your dog is important. Repetitive solitary confinement can cause stress for any dog, which can often lead to destructive behavior. On the other hand, regular dog walks during the day is a wonderful way to keep your dog thoroughly stimulated. It is great exercise and is also wonderful to keep their social skills updated.

If you are an active person and just love spending time with your dog, below are two great websites that I can recommend:

[5 Tips to Help Keep Your Dog Safe at the Dog Park & 6 Tips For Dog Park Etiquette](#)

<http://www.pretoriafordogs.co.za/walk-your-dog/>

Hygiene and Furniture Upkeep:



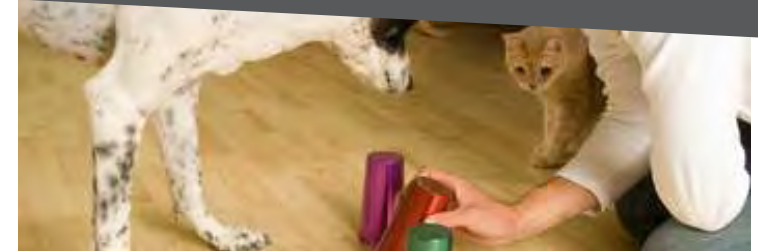
Puppies chew on everything, including furniture legs. Exercise them and give them plenty of toys, and teach them from a young age that teeth marks do not belong on your chairs or any other furniture. There are ways to protect your furniture and as discussed earlier, creating a dog zone will be hugely beneficial. Some dogs are known to shed significantly more than others, and hairballs—in addition to the ever-accumulating dust in city apartments—can be a hassle to clean. When it comes to upholstery, there's bound to be fur everywhere you look. Even if your dog isn't a shedder, you'll still have to deal with a little bit of it.

I have known pet owners who have made the sacrifice and purchasing a sofa in a color that blends with your dog's fur!

Invest in a good vacuum cleaner that will allow you to clean fur and hair from furniture. It is also advisable to give any upholstered piece a really good cleaning. Steam cleaners are an inexpensive rental at your local supermarket - they'll not only remove all pet slobber, but they're bound to make your item look as good as new.



Mind Stimulation:



Dogs need mental exercise as much as physical, and just because you're not home doesn't mean you can't challenge their brains. No dog zone is complete without stuff to keep your dog busy.

Dog puzzles and activity toys are awesome additions to your dogs' life. In the section under "Pet Supplies" I have listed an array of different interactive toys to help combat chewing and boredom at home.

- Classic KONG is a must for each dog. It helps puppy with chewing and is a great time passer. Fill the KONG with peanut butter, cheese spread, liver spread or even frozen soft food for extra challenge.
- KONG Wobblers or treat balls gives them something fun to chase around the room and if you use it for breakfast, it will keep them occupied for an hour or two. If your dog just gobbles his food down, the Wobbler is a must.
- Word association games with certain objects are tons of fun for you and your dog.
- It's also a good idea to leave your dog's favorite stuffed animal, ball, or other toy around, as long as they aren't prone to destroying stuff in your absence. The mental stimulation will make your dog tired in a way that running them and just plain exercise won't.
- A seek-a-treat puzzle blanket will really stimulate your dogs' senses and is very easy to make it yourself.
- If your Apartment Building offer a dog daycare center or the services of a dog walker, sign up immediately!
- Active stimulation are vital for your dogs' sanity (and yours'). That means daily walks at the dog park or just around the block if it is safe and secure.
- Power play session will be your dogs' daily energy buster and will give you a workout as well. Play fetch, tug-of-war, rough and tumble, hide and seek just to name a few.
- Daily basic obedience using clicker training is tons of fun and a positive way to train your dog. As our dogs learn through repetition it is great to let them work for their food.
- Sign up for at the "Paws-itive Paws-abilities Pet Active Gym". Here you can swim with your dog, exercise in the underwater treadmill, do dog Pilates, and train your dog in a safe, secure and dog friendly environment with a whole lot of other dogs and their owners.
- Most problems develop from a dog having too much energy and nowhere to let it loose. Combat this problem by taking your dog for at least two long walks each day. If you can take him jogging or allow him to run around the dog park that would be even better. Dogs need at least two high-intensity exercise sessions a week if you want to keep them from chewing up the cabinets.

Apartment Amenities

If you have invested in **Roundabout**, you can rest assured that you have opted for one of THE coolest, most awesome and desirable Pet Friendly Apartments in Tshwane! Roundabout has taken hands with *Pam Golding Properties*, **Little Companions** and **Paws-itive Paws-abilities** to offers these incredible services and facilities for your convenience and setting your dog (and cat) up to have the most amazing apartment living experience ever... and for you the peace of mind that your dog is in the best possible care when you are not home during working hours.

We have collaborated with only the best companies to give you a fully fledged one-stop pet service at your doorstep.

These Amenities include, but are not limited to the following:



Little Companions:

- Grooming – Bi-weekly at Roundabout
- Doggy Hotel and Pet Sitting Services

Paws-itive Paws-abilities:

- Dog Daycare Centre
- Dog Walking
- Puppy Socialization
- Dog Training
- Behaviour Consultations
- Pet Active Gym
- Online Store
- Special offers for an Array of Pet Essentials and Accessories



Lyttelton Veterinary Hospital:

- Veterinary Services
- Routine Care
- Holistic Care
- Prescription Diets
- Pet Identification



MediPet:

- Dog and Cat Veterinary Insurance




Hills:

- Pet Nutrition for Dogs and Cats
- Prescription Diets
- Puppy and Kitten Food
- Weight Conditions and other Medical Disorders
- Science Plan
- Ideal Balance



Rogz:

- The Coolest Pet Gear
- Harnesses, Leads, Collars, Identification Tags
- Beds, Bowls, Toys and much more!
- KONG

*A healthy dog is a **happy dog.** 
And a happy dog have a happy owner...
And so the ball rolls...*



Mobile Dog & Cat Grooming

Little Companions are passionate about our furry friends and have their best care in mind. They strive to make grooming a good experience from puppy's first groom to the geriatric pets' tender groom. Their staff are professional and qualified with many years' experience handling all types of temperaments, from rescue cases to the frail and to the picky, pampered pet. They value the relationship between their customers and their pets.

They offer different grooming packages to suit the pets' needs.

Basic Pamper Process:

- Inner ears are protected from getting wet to avoid infection.
- Warm shampoo wash with hypo-allergenic shampoo.
- Conditioner treatment, coat type dependent.
- Check for lumps, hot spots, sores and other skin irregularities.
- Pour over tick and flea prevention, if needed.
- Towel dry to remove excess water, then speed adjustable blow dry.
- Thorough coat brush out or de-shedding.
- Clean and sanitise ears.
- Clean eyes.
- Trim nails if required.
- Powder or deodorizer.
- Brush teeth.
- Hair accessories.

Full Pamper Process:

- Basic Pamper package in addition to:
- Winter or summer shaves.
- All breed cuts or owner specified cut style.
- Sanitary trim.
- Trim paws.



Little Companions



Add-on's to Grooming:

- Dental Packs
- Tick n Flea Spot On – 30 Day Treatment
- Tick n Flea collar – lasts for 3 months
- Deworming

We recommend grooming your companion every 2 to 4 weeks.

Mobile Dog & Cat Grooming

- Reduced hair and shedding left around the house by your fur kid.
- Identify potential medical problems such as hot spots, skin irritations, and ear infections.
- Saves you time in your busy schedule
- Regular trimming of nails prevent injury and helps correct posture.
- Prevents serious matting - which can cause pain and discomfort.
- Regular grooming can help your pet become accustomed to the grooming experience and learn to actually enjoy it.
- Your fur kid will feel better, be more confident and happier.

When should you have your new puppy groomed?

Around 10 weeks after puppy's first vaccinations. Little Companions will gently introduce your puppy to the grooming process. We will ensure that the first groom is as pleasurable as possible. It is important to get puppy used to bathing, drying and clipping nails so that grooming will not be stressful in the future.

Doggy Hotel

For residents going away on holiday, Little Companions also offers a doggy hotel service. The doggy hotel is a home-away-from-home environment located in Glen Austin, Midrand, Gauteng. Here the pet will have access to plenty of TLC (tender loving care) and can socialise and interact with other pets.

The cottages are safe, clean and insulated for warmth in winter and yet cool in summer. Our units can accommodate families. We try pair compatible pets so that they are not alone in the cottage. Our cottages are about 25m² (square meters); and large units about 45m², giving your pet ample space to play and walk around.

For residents' convenience we offer a pick-up and drop-off service, we come collect your companion from the apartments.



Feeding Time & Playtime

The following outlines what we offer and strive to give pets staying at our hotel.

- Two meals per day
- Regular exercising
- Plenty of TLC

The owner provides Doggy Hotel with the food and snacks required for your pet. We highly recommend keeping to the diet the pet is on for their well-being. We feed them either once or twice a day as set out by the owner. We give them a snack/treat twice a day and during playtime interaction.

The pets are taken out of their cottages 2-3 times a day for playtime to socialize and interact with other pets. There is ample space for the pets to explore. Our staff will exercise and engage the pets during playtime. For pets experiencing separation anxiety we spend extra time with in order to improve their stay.

Little Companions

Trial Visits

We understand that leaving your pets for the first time can cause some anxiety to the pet owner. Our aim is to provide your pet with a great holiday while you are away and ensure that you can also relax by providing you with the peace of mind that your dog is in great hands. To achieve this, we are happy to schedule a complimentary overnight trial visit on any day from Monday to Thursday, outside of school holidays. While your dog is with us we will monitor and assess them, and based on what we observe make recommendations regarding services and accommodation that we feel will best suit your dog.



Requirements

Treatments:

We require tick-and-flea treatment as well as de-worming to be administered onsite; so bring your own treatments, else you can purchase these from us.

Bring Along:

Bring along their collar and leash.

We recommend also bringing along their favourite toys, blankets (maybe even an old shirt).

Additional Services Main Features

In addition to the pets stay we offer the following:

- Grooming for your companion before, after and during their stay with us.
- Free grooming for pets staying longer than 8 days
- Tick, Flea and De-worming Treatments

Roundabout Dog Day Care Centre

As dogs are pack animals and very social, it is imperative for the Body Corporate of a “Pet Friendly Apartment set-up” to cater for these pets' essential needs. It is just as important for the pet owners to utilise this service. On order to minimise the risk of an array of canine behaviour concerns and ending up with a lot of frustrated pets, pet owners and Body Corporate Members, we have designed the ultimated dog day care centre. Our planned facility will have the following:

- A well-equipped space for the dogs where they can play and interact socially with other dogs.
- A variety of crates and play pens for smaller pups or older dogs that need more relaxed and quiet time.
- Ambrellas or a particular area to cater for all weather conditions
- Shells or a small doggy pool
- Tunnels, jumps, slide, tyres, balls (Confidence course)
- Poop-Scoop and disposal bins
- Water bowls and access to water

The idea is to have a safe area where your dog can play, rest, build doggy friendships and get all the stimulation needed to function optimally in the apartment set-up. The most important aspect of this Dog Day Care Centre is that it will have trained staff that has the needed ethology background to take care of your dog.

This service will be open from 7am till 6pm in the evenings. So you can rest assured that your dog will have a full day of fun, social interaction, brain stimulation, formal dog walks and other active exercise. If the weather allows, we will even erect the little dog pool for the pups to cool down and do their own form of puppy aqua.

We will also ensure that your dog (or cat) gets regular grooms and that the needed parasite control is in place. If any routine vet care is needed, we can also organize it, accept your food delivery and all the other pawsome pet goodies you will order online!

There is how-ever one very important rule. If you are not in time to pick your dog up from daycare – you will be penalized and fined. Our staff also have families and their own pets who need TLC. So please respect this rule.

Secondly, if your dog is sick and need additional care, an additional fee may apply.

Paws-itive Paws-abilities

As listed earlier in this document, Paws-itive Paws-abilities offers a variety in of services such as:

- Dog Daycare Centre
- Dog Walking
- Puppy Socialization
- Dog Training
- Behaviour Consultations
- Pet Active Gym
- Online Store
- Special offers for an array of Pet Essentials and Accessories

Added to this repertoire Heather and her team also specializes in Veterinary Physiotherapy, Hydrotherapy and offer puppy aqua classes.



Pet Supplies and Accessories

Invest in good quality supplies!

I would like to recommend making use of our pet partners to kit your dog and cat out with all the necessities and the accessories you will need.





Lyttelton Animal Hospital



Lyttelton Animal Hospital is a boutique veterinary practice in Centurion, Gauteng, taking care of your beloved pets since 1976. They strive to give your pet the best care and attention. Dr Frans Pretorius and his team pride them-selves as being a compassionate team, all dedicated to giving you the best service and that personal touch.

Lyttelton Animal Hospital will be our dedicated “Vet-on-Board” for Roundabout – Brooklyn. They offer the following services:

- General Veterinary Services
- Wellness Exam
- Surgery
- Digital Radiographs
- Weight Clinic
- Micro Chipping
- Pain Clinic
- Routine and Holistic Care
- Blood Chemistry
- Ultrasound

They recently extended our hospital with a separate cat ward, separate isolation ward, cat waiting area, and a new shop stocking everything a pet owner needs. In 2019 they will be adding Veterinary Acupuncture to the list of services, and a pet parlor/spa.

Dr. Frans Pretorius will be our Vet on board for the Pet Friendly Apartment Living concept. He and his team will cater for all the basic routine care and where possible and if necessary, travel to Roundabout to give the needed care, love and compassion. The basic health care will incorporate, but is not limited to vaccinations, parasite control and micro-chipping.



MediPet

Every pet deserves MediPet. And so do you. MediPet is truly the THE leader in the industry and offer by far the most comprehensive pet insurance. They provide the following cover:

- Accidents
- Emergencies
- Holistic Care
- No Breed Exclusions
- Illnesses
- Routine Care
- Vet Recommended
- No Sub-Limits



Holistic Wellness support include the following:

Prescription Food, Behaviour, Supplements, Complementary Treatments including Veterinary Physiotherapy, Hydrotherapy, Acupuncture to name a few, Boarding, Missing Pet, Condolence Benefit.

Hills

Hills is one of the leaders in pet nutrition and offers a wide range of diets to cater for each individual need. They believe that daily nutrition is the single most important thing a person can do to enrich and lengthen the special relationship a person have with its pet.

Backed by extensive Evidence-Based Clinical Nutrition, Hill's delivers one of the highest quality pet food products formulated to meet a diverse spectrum of unique needs.

Pet Owners of Roundabout could through Paws-itive Paws-abilities or Lyttelton Vet order there Hills food and we will deliver this to Roundabout. Should a prescription diet be required, Lyttelton Vet will be able to cater for each individual need and ensure the owners get the correct diet.

Hills also sponsor the Puppy Socialization classes that is presented by Paws-itive Paws-abilities and have a great presence in her Veterinary Physiotherapy Practice as well.

Hills will contribute promotional items and / or discount vouchers to all new Roundabout residents and also give a very comprehensive information booklet to all new puppy owners.

They offer the following wet and dry products:

- Pet Nutrition for Dogs and Cats
- Prescription Diets
- Puppy and Kitten Food
- Weight Conditions and other Medical Disorders
- Science Plan
- Ideal Balance
- Balanced Treats

Your vet or dog trainer can suggest the best food for your dog and cat.



Rogz has the coolest and greatest pet gear ever!

- Your cat and dog will require proper strong and the perfect fit dog gear for daily walks. This will include a harness, lead, collar and identity tag.
- You don't need to buy stacks of toys, but buy a few great quality toys that could serve for an array of stimulation. Dogs like to play, and many of them like to chew. Provide toys that will allow them to have fun and express their energy. Dogs have different preferences and personalities, so if your dog doesn't seem interested in one type of toy, keep trying different options until you find one that catches his interest.
- KONG Classic and KONG Wobbler is the perfect way to keep your dog entertained and stimulated for a long time.
- Appropriate interactive toys, chewing toys, and brain toys will keep your dog happy and healthy.
- A comfortable, age and breed dependent dog bed is an absolute necessity. Rogz offer a multitude of beds that will be the perfect fit and size to complement your interior design and complement the look and feel of your apartment. Your dog will enjoy having his own special place to curl up. If you don't allow animals on your furniture, it is especially important to provide a comfy bed on the floor.
- Proper water and food bowls should also be on your list. And as with the beds and related accessories, this comes in a great variety to complement your lifestyle.



Rogz will spoil each dog or cat with a promotional item and/or discount voucher to be redeemed through the Paws-itive Paws-abilities shop.



Redflags

Not all dogs will cope well with apartment living and this can have severe stress related behaviour and health concerns for your pet (and owners).

Often certain behavioural concerns can be detected early on or even being avoided if the “Red Flags” were identified timeously. There are a number of “Red Flags” that pet owners should be aware of and as with most things in life, prevention is better than cure. With this in mind, I looked at a few red flags and the intention is to make pet owners aware of certain signs that might lead to behavioural concerns and to deal with them before it results in more dramatic distress situations.

Often these anxiety related disorders can be resolved by getting a competent behaviourist to help; usually, anxiety and separation issues are best treated by combining appropriate medication with positive behavioral techniques.

Separation Anxiety

Separation Anxiety is probably the number one concern that I see in my behaviour practice.

One of the major problems with keeping a dog in an apartment is separation anxiety. When this happens, dogs don't deal well with being left behind when you head off to work or a social engagement. This can be a big problem in apartments, as it might bother your neighbours and the other pets in surrounding apartments.

Boredom, pent-up energy, lack of proper stimulation and loneliness are one thing; separation anxiety's another.

Dogs often become restless and whiny as you prepare to leave. Dogs may start to gnaw at doors and windowsills and start to rip the apartment apart while the owners are away. Often the pet will not eat when alone... or appear to be sick for no particular reason... These are a few of the behaviours associated with genuine separation anxiety.



Dealing with separation anxiety

Try helping your dog realize that good things can still happen when you are not home. For example, you can give him a puzzle toy – like a Kong, stuffed with a healthy food, like organic peanut butter. It will take time to consume the peanut butter and in that time period void anxiety related emotions.

- Ask your behaviourist to help you address the issue. He can help you train you dog to adjust to being left alone.
- Visit your vet. You want to make sure that your dog is not suffering from an underlying medical issue.
- Strange noises and people can make a pup anxious and cause him to act out by destroying property or barking incessantly throughout the day. It's important to get him used to his environment by allowing him to interact with people living around you. Give him a little time to get used to all the noise and be sure to taking him to obedience classes where they can help with his issues.
- Some dogs with separation anxiety cope better with even more limited access. Crate training might be the best option in some cases.
- Spend quality time together. The best way to keep your dog happy and healthy in an apartment is to pay attention to him. Make time each day to focus on your dog. Find ways to interact other than just feeding him. Play games like fetch or hide and seek with your dog.
- Learn how to massage your dog. This is a wonderful way to relax your dog. There is a technique called Tellington TTouch, which is just the most wonderful and holistic method to help your dog through an array of stressful situations.
- Make time for long walks. Don't take your dog back inside right after he does his business.
- Go to the dog park together. Your dog will appreciate time to run free, and the two of you can have plenty of space to play together.

Other Red Flags

There are a few other red flags that pet owners should be aware off and these conditions can cause stress related behavioural concern. As this is not a behaviour platform, I will not go into depth of these conditions, but will merely mention them to create awareness.

Geriatric Pets: Dementia, weak bladders, blindness and deafness, osteoarthritis, kidney disease, and cancer.

<https://www.petmd.com/dog/slideshows/care/common-ailments-for-senior-dogs>

Destructive Behaviour in Dogs: Fear phobias, separation anxiety, attention seeking, learnt behaviours

https://www.petmd.com/dog/conditions/behavioral/c_dg_destructive_behavior

Elimination and Urine-Marking: Attention seeking, communication, medical related concerns, lack of house training, separation anxiety, bitch in season

<https://pets.webmd.com/dogs/urine-marking-in-dogs#1>

Barking: Boredom and loneliness, attention seeking, separation anxiety, fear, protective, play

<https://pets.webmd.com/dogs/guide/understanding-why-dogs-bark#1>

Aggression: Aggression and dominance is a very big term and need to be considered on an individual basis. Please refer to a qualified animal behaviourist to address aggression issues.





Desensitize Your Dog

As previously mentioned, prevention is always better than cure.

Below, I have listed a whole lot of ideas that can be implemented to help your pet to cope with apartment living and the anxiety factors that might arise from it. These ideas should be seen as stress busters and coping mechanisms, but if any behaviour seems abnormal or appears to become obsessive compulsive, I would strongly advise that you seek the help of a behaviourist and or dog trainer.

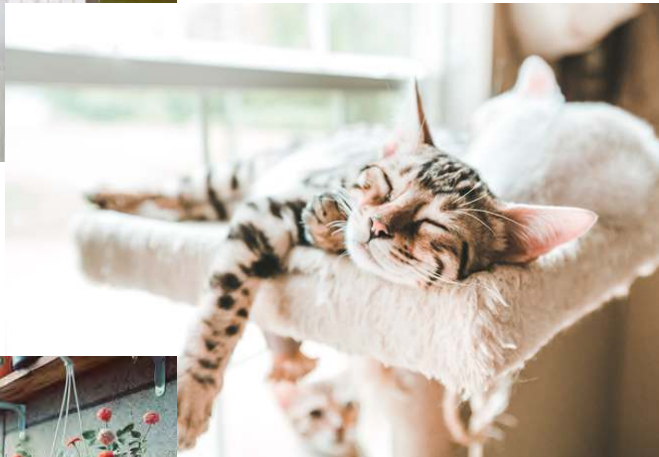
- Don't make a too big deal when leaving the home. Be completely neutral and if possible, change your routine before leaving home so your dog don't anticipate the process.
- First, teach your dog that being home alone is okay. Every dog should be able to stay on his own all day without falling apart emotionally or becoming destructive. From the time you first get him, whether he's a puppy or an adult, practice leaving him alone. Start with just a minute or two and gradually extend the length of time as you become comfortable with his behavior while you're out of sight. He can be in his crate, in a special dog room or dog run or, once you're sure he's trustworthy, on his own in the house. Watch for potty accidents, too, as these will tell you how long your dog can be left without needing to go outside. A qualified puppy trainer will incorporate these approaches in class and give you all the tools to set your dog up to be successful.

- If your dogs is vocal, don't re-enter the room if he's crying, whining, howling or barking. Wait until he's quiet, then go in and praise him in a brief, matter-of-fact tone of voice. You want him to think that being on his own is normal and safe. Give him a treat when you leave but not when you return.
- Make sure he has constructive ways to occupy his time when you're not around. Making use of a stuffed Kong with enough yummy goodies to keep him busy for hours. Or fill a puzzle toy with his daily ration of kibble so he has to work for his meals. Hide favorite toys and treats around the apartment for him to find while you're gone. But a word of caution: Never leave your dog unsupervised with a toy that could be chewed apart and swallowed.
Before leaving your dog alone, make sure any toys in the environment are indestructible.
- Training dogs to respond calmly to visitors and other dogs (and cats) will ease up on the stress of the visitors.
- If trained, dogs are capable of holding their urine and feces all day long, but this is not healthy. Holding on for long periods can lead to urinary tract infections. And the highly concentrated urine a dog produces during a long wait can increase the likelihood of crystal formation and cystitis. Geriatric dogs or puppies that have been sterilized or castrated at a very young age, might have problems with incontinence. So regular outside walks are vital.
- Provide ample access to light. Leaving appropriate light during the day helps pets to adapt to life inside. Just like their owners, dogs and cats respond to sunlight to tell what time of day it is. Leaving them in the dark can add disorientation that creates anxiety, and an anxious pet is more likely to relieve themselves in the apartment or damage items inside.
- Make use of blinds and plants to decorate your apartment. This will give a more natural look and feel and you give you the opportunity hide distractions.
- Use the radio or TV. This can block some of the noise and calm your anxious pet. Leave the radio tuned to a calming classical station or a talk radio show. Or choose animal planet. Select the station or channel carefully. It should induce a feeling of calm and relax.
- Pay attention to prevent barking. Make sure you recognize the different types of bark and only acknowledge "good barks". Remember, your dog won't always understand the concept between positive or negative attention. So ensure you don't reward negative attention.
- Teach them to hold a toy in their mouth. Holding a toy gives a dog an alternative to barking. Teach your dog the quiet command. Clicker training is a super positive and fun way to accomplish this.

Surveillance gear

If you are unsure what your dog or cat are up to when you are not home, play PI! Yes, I mean you can spy on your dog. Webcams are super gadgets to let you check in on your pet while you're away, and a basic model won't cost too much. There are even apps available that features two-way audio so you and your beloved can hear each other's voices during the day.

<https://mashable.com/article/dog-camera-spy-on-your-pets/#4rPeQcjYOaqD>



Cats and Apartments

If you're bringing a cat with you to your new apartment and are lucky enough to have a balcony or patio, consider enclosing the space with a cat safety net like the one pictured. Adding toys and potted plants will enhance the environment and provide a safe outdoor space for play. Before installing any netting, be sure to check with your landlord and be careful not to damage the building during installation.

Keeping your cat home bound is very important considering the hazards cats face outside and the potential damage they can inflict on a local ecosystem. Cats are usually quite comfortable living indoors, although some cats are perfectly happy hiding away all day or finding a ray of sunshine to bathe in, others need activity. This requires more room for toys and climbing towers. Make sure to become familiarized with the various breeds of cats and their needs before visiting a shelter or litter of kittens.

A scratching post or two will help your cat pursue their natural tendencies without destroying your furniture. Provide cats a safe play place with toys and a scratching post. Your sofa will thank you.

- **Low Activity Cats** – British Shorthair, Russian Blue, Persian, Ragdoll, Javanese
- **High Activity Cats** – Abyssinian, Chartreux, Manx, Sphynx, Ocicat
Sphynx cats might look sweet and cuddly — or not — but they tend to prefer a higher activity level and may not be ideal for apartment dwellers.

Final Considerations

Bringing Your Pet Home

The first days with your new pet are perhaps the most important to setting the tone and building a sense of safety and security. For puppies and kittens, provide with a quiet and safe environment to avoid any stress. During your first visit home, be sure to introduce your new pet to a designated “potty zone” (litter box for a cat or acceptable yard space for your dog). Pay close attention to their timing and needs so that you can reinforce these acceptable potty zones for the first several days or weeks.



Pet Supply Checklist

Before you bring your new pet home, be sure to stock up on all the essentials:

- High-quality pet food
- Treats for training
- Stainless steel non-tipping water and food bowl
- ID tags
- Collar and leash
- Stain remover for accidents
- Grooming equipment (hair brush, nail clippers, toothbrush, toothpaste)
- High-quality safe chew toys
- Flea, tick and parasite controls

Microchipping

Microchipping your pet will ensure that they can be identified even if their collar is missing. One in three pets will go missing in their lifetime, so regardless of whether you have a cat that's never supposed to get outside or an adventurous pup, a microchip is worth inquiring about at your vet or local shelter. Only the size of a grain of rice, the chip ensures permanent identification of your animal and will dramatically increase the likelihood of you reuniting.

Parasite Control

Pets may need medications or treated collars to prevent tick, fleas, and local parasites. Keeping vaccinations up to date can save the lives of your outdoor pet, and prevent disease. Talk to your vet about the prevalence of parasites and disease in your area, so you know what to look and how to protect your pet.

Set Aside Extra Cash

No matter how well behaved your dog might be, you should acknowledge that there's a high possibility he's going to destroy something or leave a stain. You'll have to pay to repair it, so if you prepare yourself not to lose your deposit by the day that you move out, it won't be such a big deal. You might also want to set aside extra cash in case he destroys something big you have to replace, like cabinet doors.

Small spaces are a part of big city living, but that shouldn't affect your decision to move it with your current pet, a puppy or kitten or to adopt a dog. As long as you're mindful of your pet and your living space, sharing a home with a pet in the city can be one pawesome experience.

Plants, Fruits, and Vegetables Dangerous for Pets

You might be surprised that quite a few common plants are poisonous to pets and could leave to significant trauma or death. The list includes acorn squash, aloe, apple, avocado, bamboo, chamomile, chives, eucalyptus, garlic, ginger, grapefruit, lavender and onions. If you have a dog, be sure to keep these items out of reach. With a cat, it's best to remove these items or place them in sealed containers. Research hazardous plants and keep them out of reach, so make sure you remove temptation and keep plants out of reach if you're leaving them alone.

<https://www.pethealthcare.co.za/PetFriendly/Articles/toxic-plants-pets>

Flowers are a wonder of nature, but it is important to know when they are not good for our pets.

American Bittersweet (Celastrus scandens)

Weakness, convulsions, gastroenteritis (vomiting, diarrhoea.)

Azalea (Rhododendron spp)

Vomiting, diarrhea, hypersalivation, weakness, coma, hypotension, CNS depression, cardiovascular collapse and death.

Clematis (Clematis sp.)

Vomiting, diarrhoea, oral ulcers, ataxia irritant or vesicant action.

Crocus (Colchicum autumnale)

Excessive salivation, abdominal pain, diarrhoea, vomiting, gastro-intestinal disorders, lack of appetite, tremors, convulsions, seizures

Crown of Thorns (Euphorbia splendens prostrata)

Ingestion results in vomiting and diarrhoea.

Daffodil (Narcissus spp)

Severe gastrointestinal disorders, convulsions, shivering, hypotension, dermatitis, muscular tremors, and cardiac arrhythmias.

Day lily (Hemerocallis dumortirei)

Vomiting, in appetite, lethargy, kidney failure. Cats are only species known to be affected.

Easter cactus (Schlumbergera bridgesi)

Ingestion can result in vomiting, diarrhoea and depression. Cats can also develop staggering, drooling and lack of appetite.



Easter Lily (Lilium longiflorum)

Vomiting, in appetite, lethargy, and kidney failure. Cats are only species known to be affected.

Foxglove (Digitalis purpurea)

Cardiac arrhythmias, vomiting, diarrhoea, weakness, cardiac failure, death.

Hyacinth (Hyacinthus oreintalis)

Ingestion can result in intense vomiting, diarrhoea, depression and tremors.

Lily of the Valley (Convallaria majalis)

Ataxia, vomiting, cardiac arrhythmias, death.

Morning Glory (Ipomoea spp)

Seeds may cause hallucination, may cause diarrhoea.

Narcissus (Narcissus spp)

Severe gastrointestinal disorders, convulsions, shivering, hypotension, dermatitis, muscular tremors, and cardiac arrhythmias.

Peace lily (Spathiphyllum spp)

Ingestion can result in ulcers in the mouth, vomiting and diarrhoea.

Rhododendron (Rhododendron spp)

Vomiting, diarrhoea, hyper-salivation, weakness, coma, hypotension, CNS depression, cardiovascular collapse and death.

Tiger Lily (Lilium tigrinum)

Vomiting, in appetite, lethargy, kidney failure. Cats are only species known to be affected.

Tulip (Tulip spp)

Ingestion can result in intense vomiting, depression, diarrhoea, hyper-salivation, drooling and lack of appetite.

In the end

Pet-friendly apartment living works best when the animals' needs are met, which is made easier with onsite facilities.

This new face of pet-friendly urban living may provide a competitive advantage to property owners, but more importantly, our pets help develop connections and encourage a stronger sense of community. But then, we already knew that.

